



TexaSPEAKS

Monthly Newsletter
February 2023

We want your feedback

The TSCA Educator Training Committee is undertaking a goal of providing more lesson plan resources to all of our educators. As part of that goal they have created a survey to ascertain what the most pressing and most requested lesson plan and resource needs are for our members.

[Please take a moment to complete the survey here.](#)



First Regional Conference Complete!

President Ryan Lovell introduced an initiative to increase professional development opportunities beyond our annual convention. This month, a regional conference was held at the ESC Region 4 Office.

We have received positive feedback and look forward to moving forward with this initiative to bring additional training opportunities to regions throughout the state.

We are working hard to listen to your feedback and develop initiatives that will best serve our members! Stay tuned to see what's next!



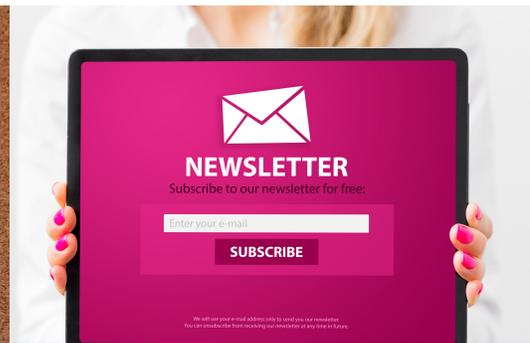
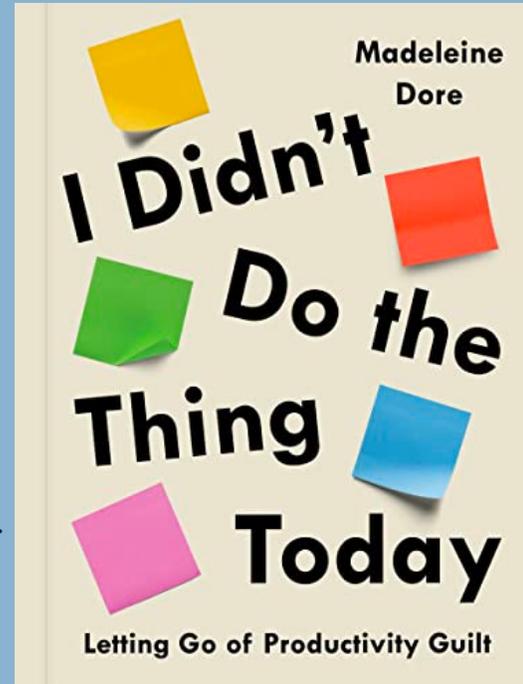
Spring Cleaning or Spring Competing?

The spring semester always seems to be the most chaotic time for communication educators. Here in Texas we know that college-circuit competitors are competing in national competitions, secondary educators are navigating UIL, TFA, NSDA, LMNOP, and all the other letters of the alphabet! Even those of us who may not be attending competitions find multiple events and responsibilities competing for time on our calendars.

We first want to say good luck and we are rooting for you as you navigate hectic schedules! But we also want to take the advice of spring cleaning and remind you to take some time to "clear the clutter". It will be easy to wake up each morning, stressed and feeling behind before the day has even begun. It's important to remember that you're only human and that there's still only 24 hours in any given day.

Start by clearing the clutter of your mind each morning by writing down all of the "to-do's" and "don't forgets" swimming in your head. Writing them down will help you process what's in front of you and let you tackle each day with a clear sense of focus.

While focus will help us get things done, it won't mean that everything can always get done. This month's resource recommendation is Madeline Dore's book, [I Didn't do the Thing Today](#). Dore tackles the concept of productivity guilt and how we can start to remove the guilt of not getting enough done from our daily mindset.



CONVENTION 2023
HOUSTON, TX
OCTOBER 12-14, 2023

HILTON HOUSTON POST
OAK BY THE GALLERIA

NEXT YEAR'S THEME:
A TIME TO GROW

PANEL IDEAS
NEEDED

Interest Group Chairs
should submit panel ideas
to Vice President Randy
Cox. Email him at
mrcox@austin.utexas.edu

NEWSLETTER
SUBMISSIONS

Have a resource or
announcement to share with
the body? Email
socialmediatsca@gmail.com